Spen Valley HIGH SCHOOL

Transition Evening

2026

Spen Valley HIGH SCHOOL

Our evaluation of this provider

Causing concern	Attention needed	Secure	Strong	Exemplary
	Achievement	Leadership and governance	Attendance	
		Curriculum	Behaviour and attitudes	

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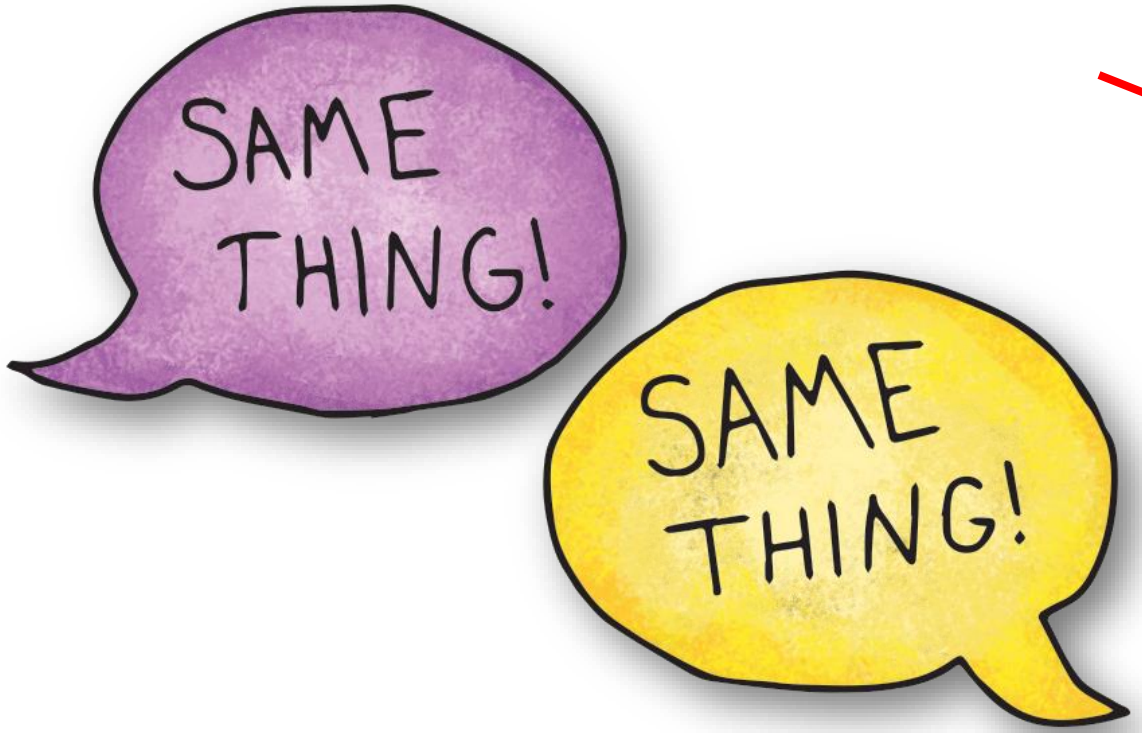

SAME THING!
SAME THING!

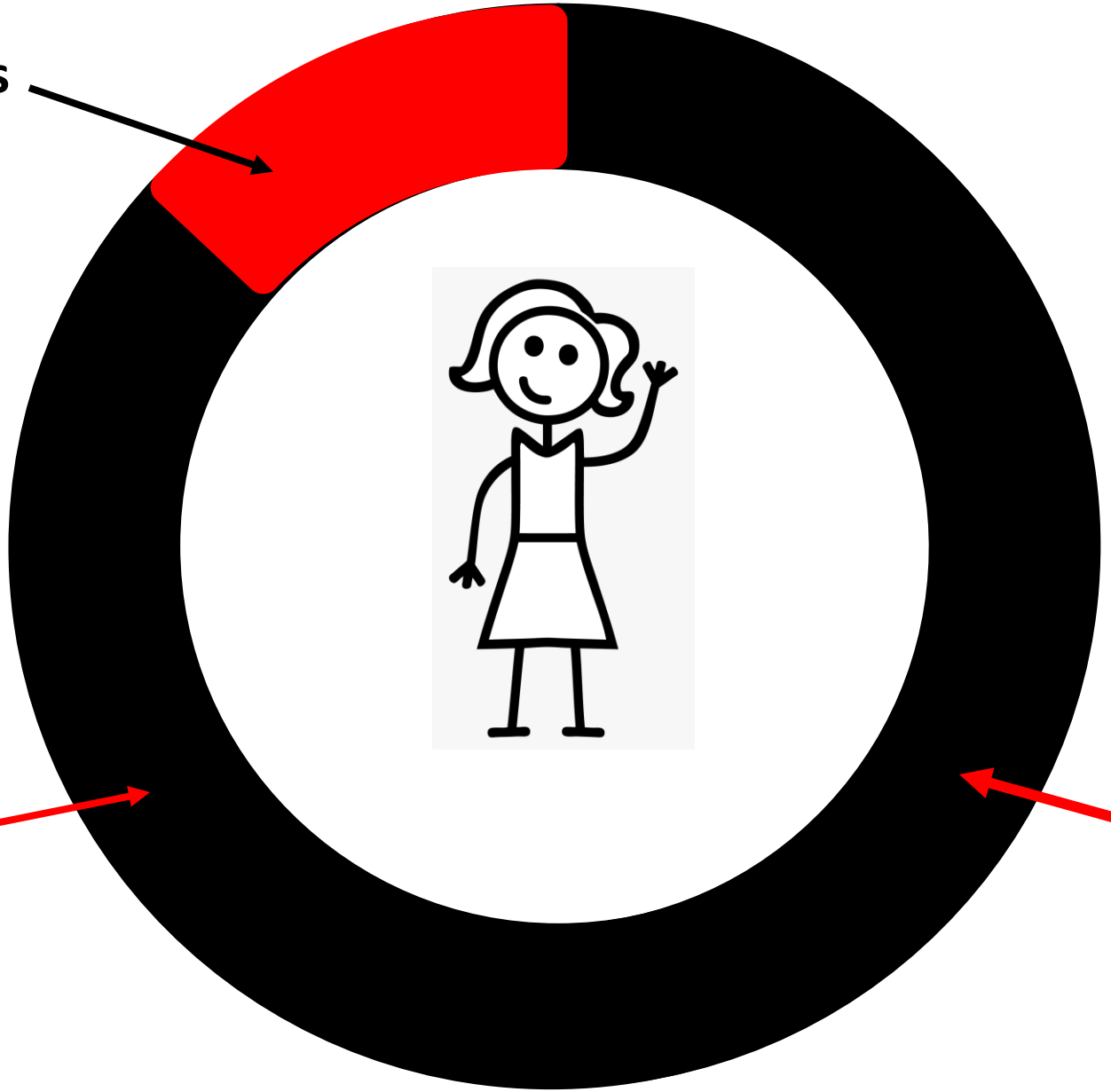
Spen Valley HIGH SCHOOL

5hrs x 190 days = 950 hrs

19 hrs x 190 days =3,610 hrs
24 hrs x 175 days = 4,200 hrs

<u>Total = 7,810 hrs</u>

5 hours



19 hours

Spen Valley HIGH SCHOOL

Supporting your child's learning

How can I help?

- Ensure your child attends school and lessons (on time)
- Encourage them to try their best in ALL lessons
- Support them with home learning
- Attend Parents/carers evenings
- Ensure they attend any intervention sessions

Spen Valley HIGH SCHOOL

Supporting your child to develop their whole self

How can I help?

- Be inquisitive about what is going on in school
- Encourage them to try ‘new’ things
- Ensure they attend at least ONE Culture Club (remove any barriers)
- Come and watch the extra curricular activities

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Supporting your child to plan for a successful future

How can I help?

- Discuss what this will look like
- Be aspirational (but realistic)
- Help them genuinely work towards achieving this
- Help them ‘build’ a good CV
- Encourage them to attend CEIAG based activities

Spen Valley HIGH SCHOOL

Supporting your child to follow the rules

Department for Education

Behaviour in Schools

Advice for headteachers and school staff

February 2024

How can I help?

- Know, understand and support our approach
- Understand the processes and procedures of our school
- Support your child to follow the rules
- Model the behaviours that we want from our children
- Discuss with us; listen to us; work with us.

Spen Valley HIGH SCHOOL

ClassCharts

Spen Valley HIGH SCHOOL

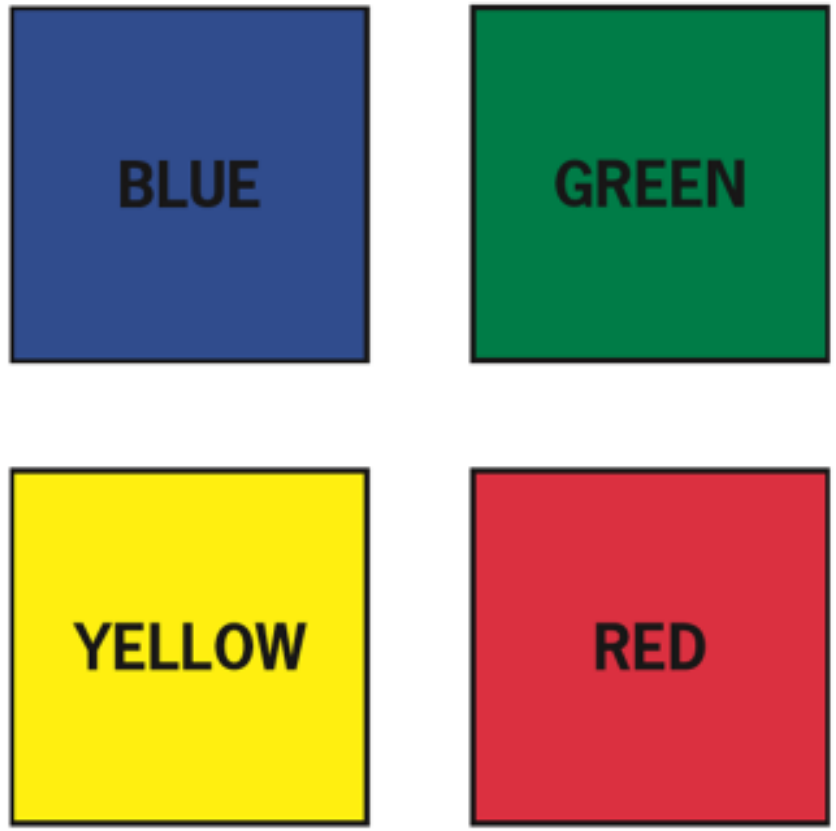
Zones of Regulation

Fiona Morris

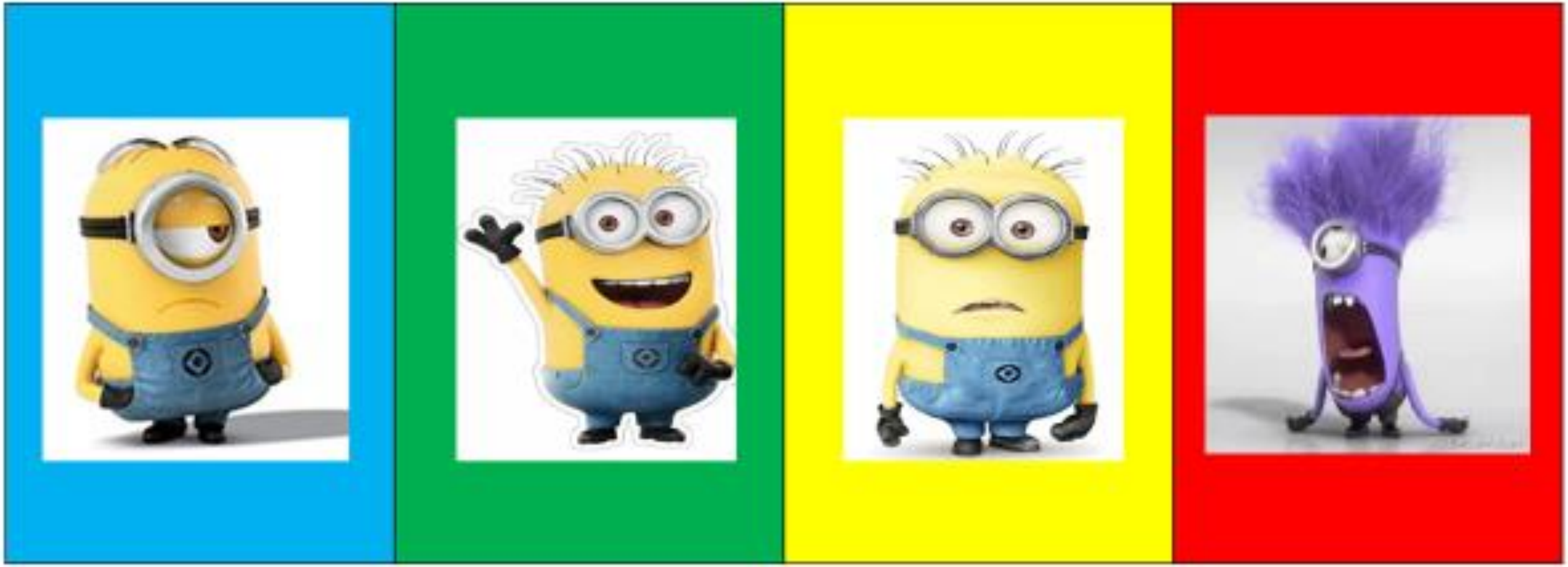
SENCO

Starting High School

The Zones of Regulation

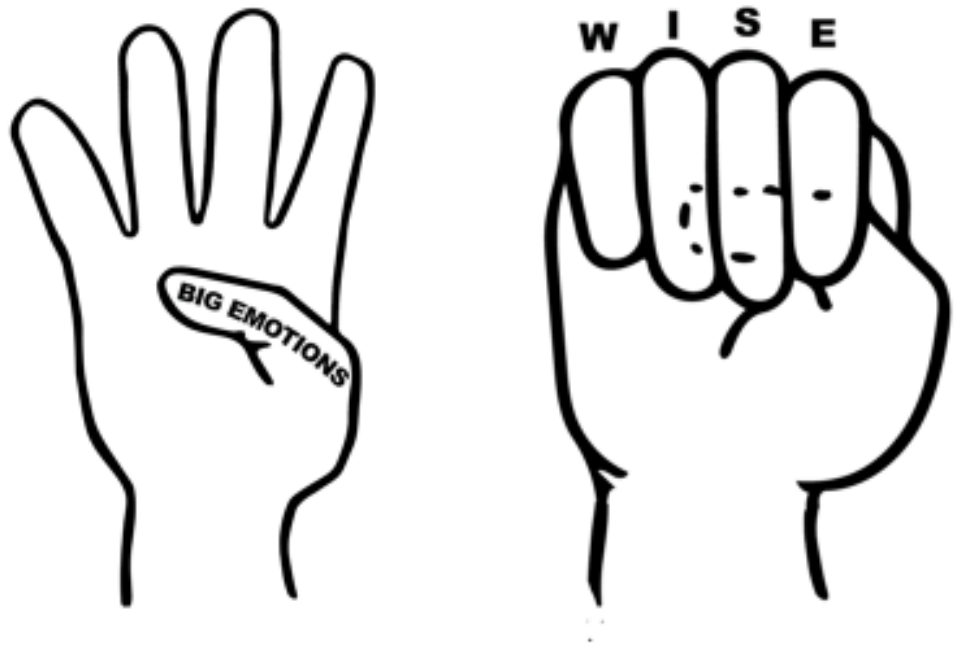


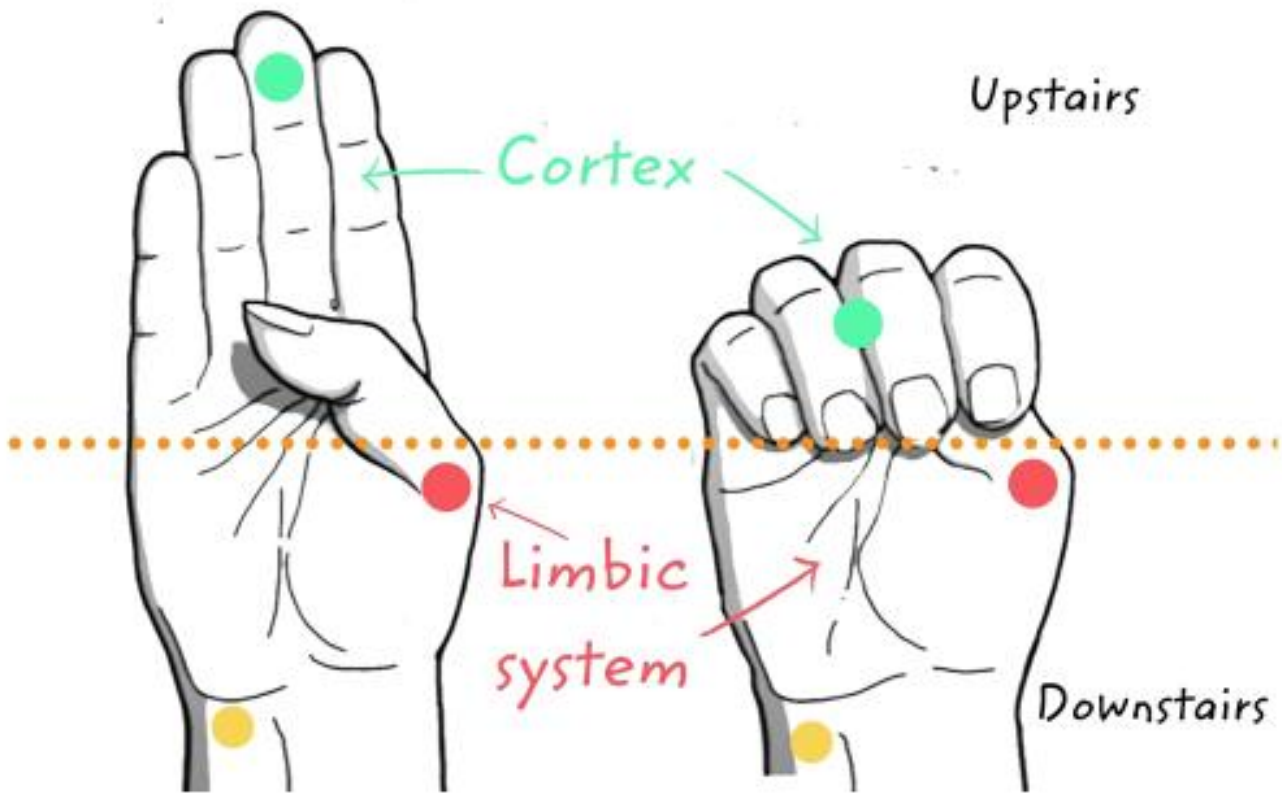
Understanding the Red Zone



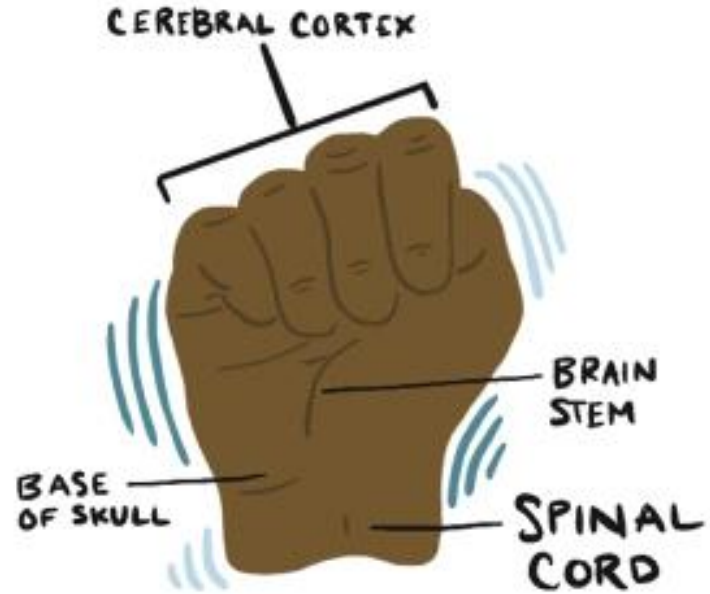
The Hand Model of the Brain

The Hand Model of the Brain




Upstairs
Cortex
Limbic system
Downstairs

FLIPPED LID



CALM MIND

Spen Valley

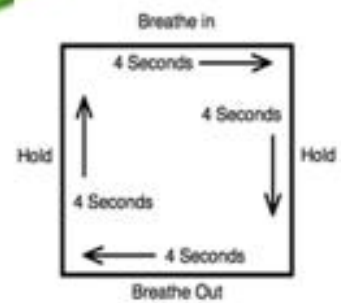
Think about a time when your child has become dysregulated. Which Zone do they go into?

Breathe in and out counting to 5

Press Pause

Green Zone

Body scan



Visualisation

Blue	Green	Yellow	Red
Sick Sad Tired Bored Moving Slowly	Happy Calm Good to Go Focused Ready to Learn	Frustrated Worried Silly/Wiggly Anxious Excited	Mad/Angry Mean Yelling/Hitting Out of Control I Need Time and Space

Introduce Key People

Transition Coordinator - Sam Dracup

Trauma Informed Practitioner - Miss Starkey

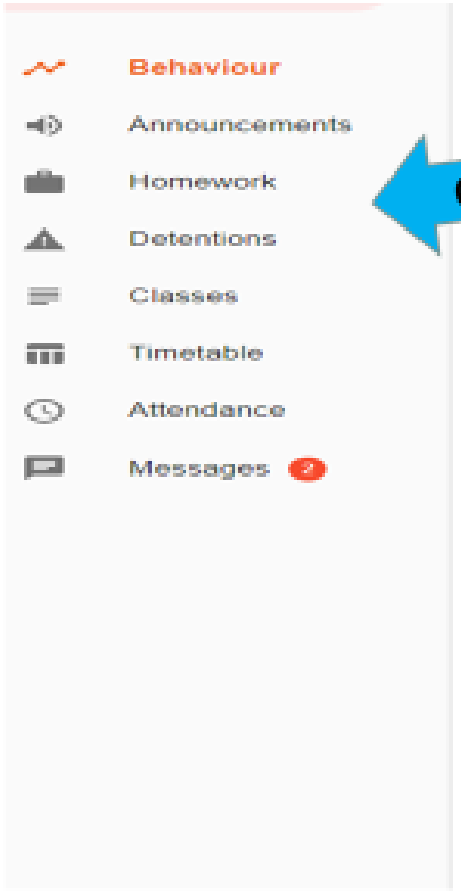
HOY - Mr Hemingway

Coaches

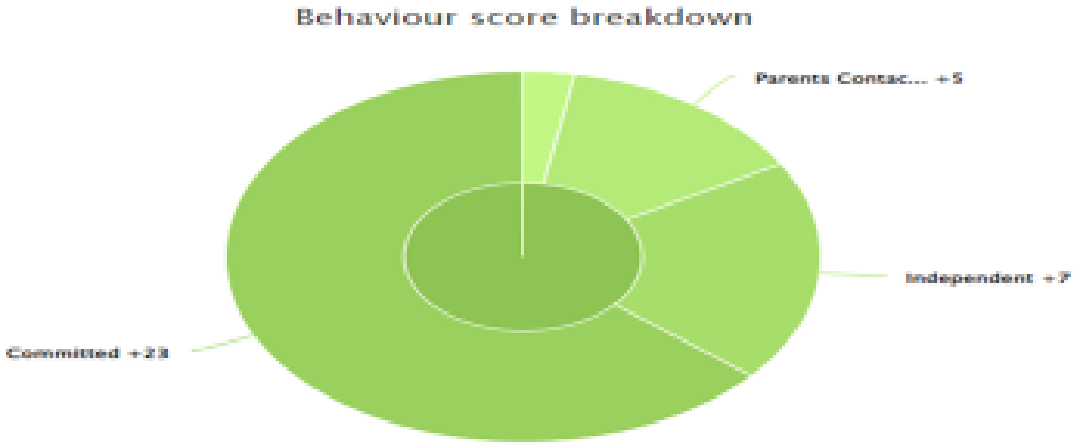
ClassCharts

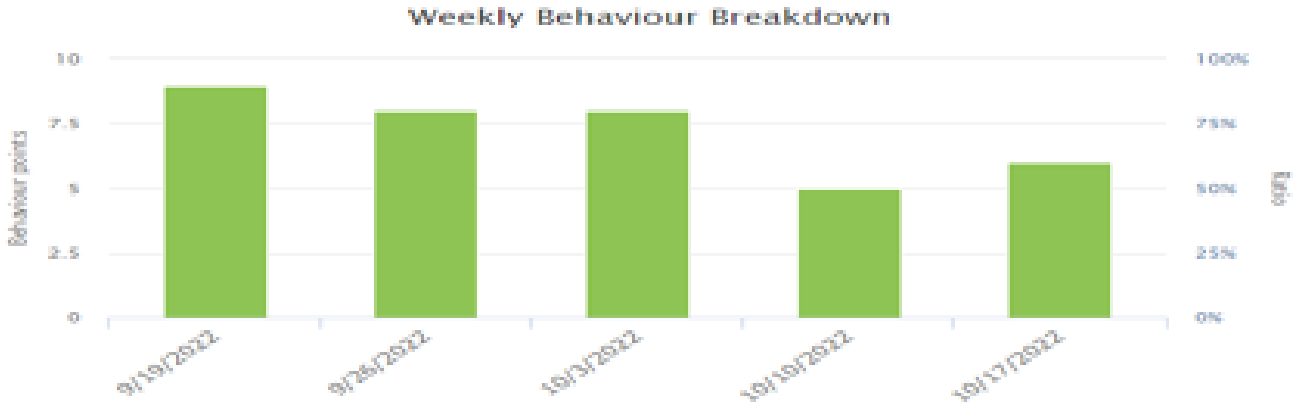
- All home learning is set on ClassCharts - www.classcharts.com
- ClassCharts app from the App Store
- On ClassCharts, you can see all of the home learning that your child has been set:
  - Homework title
  - Issue date
  - Due date
  - Estimated completion time
  - Any links

ClassCharts – Student View



Click





BE ORGANISED SUCCESS PACK

For Lessons

- Black Pens (plural)
- Pencil
- Calculator (Casio)
- Ruler
- Rubber
- Geometry set
- Highlighters
- Clear pencil case

For revision

- Coloured pencils/pens
- Purple Pens
- Flashcards
- Plain paper/Post Its
- Glue
- Dr.Frost (Maths)
- Educake (Science)

What My Daily Routine Could Look Like…

Don't snooze, open your curtains and eat breakfast. This routine will improve your mood, memory and concentration …
Give it a go!

Get fresh air and exercise throughout the day, it works wonders on stress and sleep …
Give it a go!

Ask your teachers for help and guidance at school. …
Give it a go!

Eat dinner, set time to do something you enjoy, whilst following your REVISION timetable …
Give it a go!

What My Daily Routine Could Look Like…

Evening

Sleep your way to success

Check your lessons timetable for the next day.

Pack your bag.

Make sure you have all your equipment.

…

Give it a go!

Research shows that sleep duration and quality improves memory and recall, helps your concentration, allows you to think clearer and helps your immune system. It makes sense to **prioritise good sleep.**

- **Have a regular bedtime** – This keeps your body clock in a routine. Aim for 8-10 hours a night.
- **Help sleep arrive** – Tire yourself out by exercising, put away your phone, stop gaming or watching TV 30 minutes before bed, don't drink tea/coffee in the evening, make your room dark.
- **Can't sleep?** - Don't go on your phone but read a book or something that occupies your brain.

…

Give it a go!

Attendance

For our pupils to have the best possible outcome at school, we know their attendance needs to be above 98%. Our aim is for all pupils to be in school, happy, and learning well.

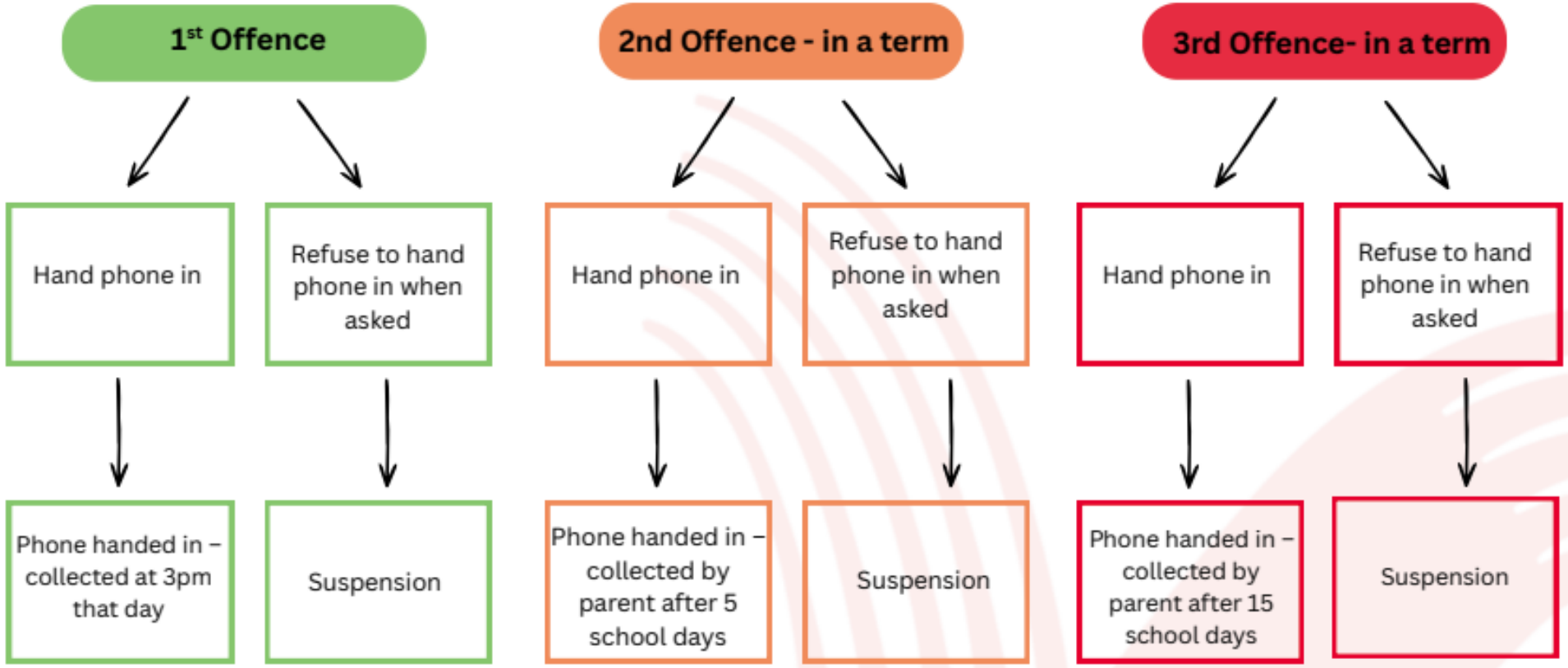
Green	Attendance 98%+ - Excellent
Amber	Attendance between 91-97% - Concern
Red	**Attendance less than 90% -Serious concern**

There is a proven link between good attendance and positive academic, social and emotional outcomes. Good attendance and punctuality habits will often carry into later life, enabling young people to develop good routines that will help in the workplace and in wider society.

90% attendance is equal to 1 day off every 2 weeks.

We recognise that there will often be occasions where students are legitimately off school and each child's circumstances are different, but we encourage parents/carers to consider all of the above when considering keeping their child off school.

Mobile Phone Process



If a student wants to contact home, they must speak to a member of staff to use a school phone unless there are exceptional circumstances, where they use their mobile in the presence of an adult.

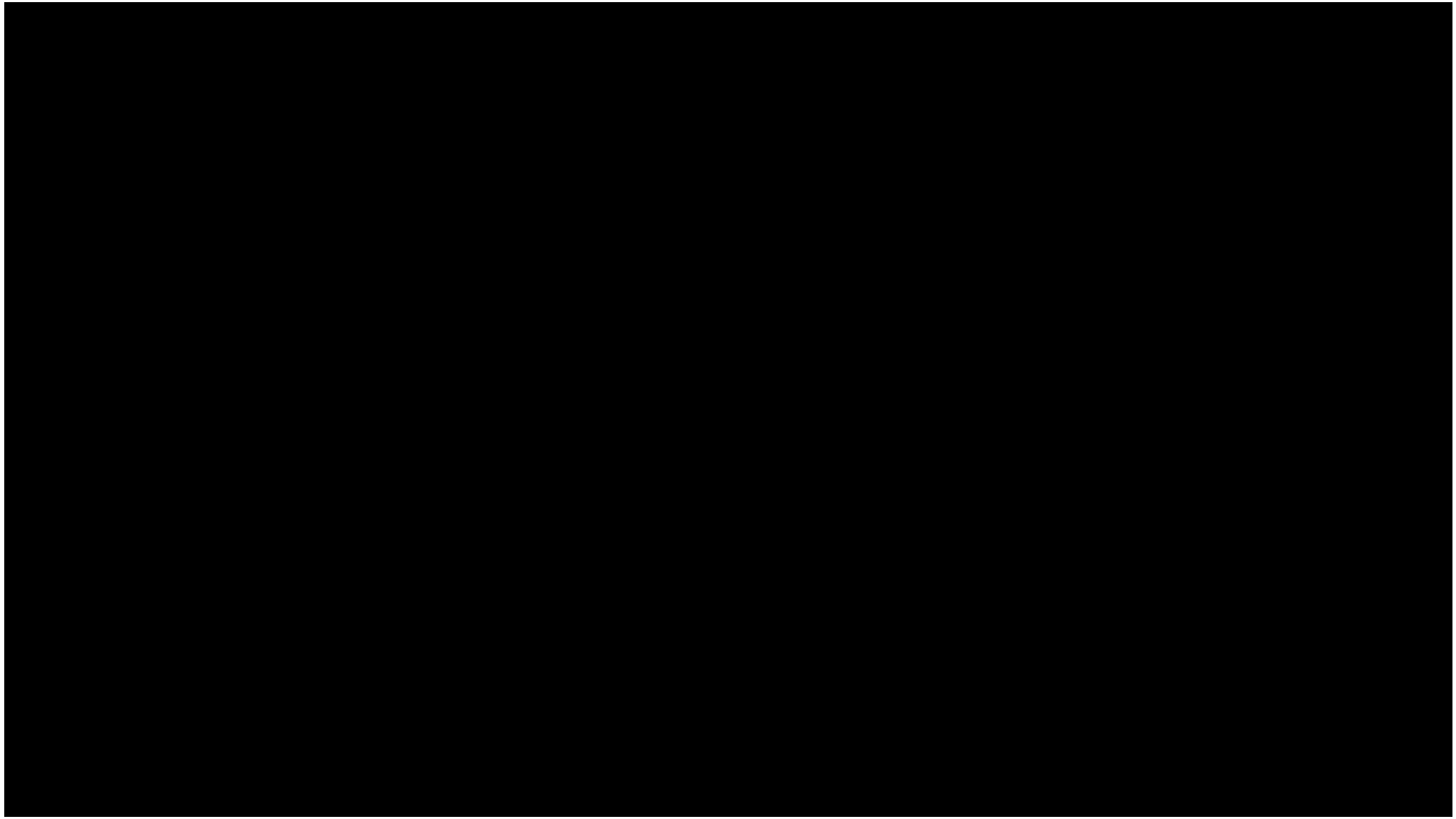
Year 7 Newlands Trip

- Newlands Activity Centre, Kendal, Lake District
- A range of activities – *from Archery, Canoeing, Ghyll scrambling, climbing, mountain biking paddle boarding, kayaking, high ropes and more*

Spen Valley

Year 7 Newlands Trip

- We can take up to 130 students – our first trip this year over 100 staff and students are going
- 2 nights, 3 days of activities
- Cost is approx. £390 including food and travel
- This will be available on Parent Pay, allowing you to spread the cost over 12 months



THANK YOU

SWI Bistro	7TBU Library	7WMU 126	7LBR Dining room	7AFA + 7KHI T2	7KHI T2
7MFR T3	7KBO 121	7MHA T4	7RNI and 7JMA Main Hall	7JLR 202	